

### Miss Valeriya Neikova

Miss Valeriya is the head coach and the founder of Bala Gymnastics school. She is a former Bulgarian rhythmic gymnast and experienced USAG professional member.

Valeriya has been coaching in the US since 2000.

She helped many beginners and competitive level rhythmic gymnasts achieve top awards at state, regional national and international competitions.

### Miss Yoanna Ivanova

Miss Yoanna is a former national AGG team member and a former rhythmic gymnast from Bulgaria. She teaches beginners classes and competitive team members at Bala Gymnastics. Miss Anna came to the US in 2017 to join and help train our competitive team and introductory classes. She is also USAG certified professional members/ coach.

### Miss Blayzen Carroll

Miss Blayzen is a current level 10 (the highest level) Rhythmic gymnast with Bala Gymnastics and an USAG professional member and athlete. She is a four times Future Star US National Team member and she made Junior US Olympic Team three times with Bala Gymnastics team. Blayzen won many championships AA in the US including PA State, Regional team, Rhythmic Challenge and other US sanctioned and invitational competition events.

In 2023 Blayzen became an Elite FIG Olympic National Team Irish member and she is currently on the National Irish Rhythmic Gymnastics Olympic Team representing at National and International competition events.

Blayzen will coach beginners and advanced gymnastics skills, help with choreographies and arts/crafts and dance during the summer weeks.

### Miss Zhanna Palagina

Miss Zhanna is a professional ballet instructor and choreographer. She is a former Russian prima ballerina from who also helped many high level figure skaters and gymnasts achieve awards at national and international level competitions.



## **Summer Camps**

### **Bala Gymnastics 2023**

**Week 1 June 19th - June 23rd**

**Week 2 June 26th - June 30th**

**Week 3 July 3rd - July 7th**

**Week 4 July 10th - 14th**

**Week 5 July 24th - July 28th**

**Week 6 July 31st - August 4th**

**Week 7 August 14th - August 18th**

**Week 8 August 28th - Sept. 1st**

**(610) 580 4714**

**balagymnastics@gmail.com**

**Camps Location is Bala Gym**

**45 Bala Avenue**

**Bala Cynwyd, PA 19004**

One Participant and program per form

Activity: \_\_\_\_\_

Fee: \_\_\_\_\_

Location: \_\_\_\_\_

Session/Time: \_\_\_\_\_ / \_\_\_\_\_

Participant's Name: \_\_\_\_\_

Age/DOB: \_\_\_\_ / \_\_\_\_

Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Emergency Contact & Phone

Number: \_\_\_\_\_

Parent's Signature \_\_\_\_\_

Date \_\_\_\_\_

Please make checks payable to:

Lower Merion Township

Mail Registration to:

302 Homestead Ln.  
19317

## SUMMER RHYTHMIC GYMNASTICS

**CAMPS Cost per week:**

**\$440 per week full day camp**

**\$240 per week half day camp**

**\$100 per day**

### TO REGISTER

CALL (610) 580 4714

**[balagymnastics@gmail.com](mailto:balagymnastics@gmail.com)**

**[www.balagymnastics.com](http://www.balagymnastics.com)**

**Mail Registrations to:**

**302 Homestead Ln, Chadds Ford PA 19317**

**Checks payable to Lower Merion Township**



Chadds Ford PA

