



Rhythmic Gymnastics Beginners Classes

Summer 2024

Rhythmic gymnastics is a marvelous blend of traditional gymnastics, dance and ballet with the use of apparatus such as ball, ribbon, clubs, rope and hoop. This beautiful Olympic sport helps develop grace and beauty in young girls while challenges them to be skilled in strength, flexibility and hand-eye coordination. Coaches at Bala Gymnastics are Miss Valeriya Neikova and Miss Anna Ivanova, both are former Bulgarian rhythmic gymnasts, coaches and experienced USAG members.

Miss Valeriya and Miss Anna help select and train our competitive team members at Bala Gymnastics.

Registration is open year round (visit www.balagymnastics.com for online registrations).

Schedule Summer 2024 (June-September)

Tuesdays: 4:30pm- 5:30pm

Thursdays 4:30pm-5:30pm

Tuition \$465 (1 class per week 3 months minimum)

Tuition \$880 (2 classes per week 3 months minimum)

TO REGISTER CALL: (610) 580- 4714

EMAIL: balagymnastics@gmail.com

Registration form, waiver and payments are required prior attending

Checks are payable to Bala Gymnastics LLC

Zelle payments to (610) 580 4714 and Venmo to: [@balagymnastics](https://venmo.com/balagymnastics)