



**Invitational Rhythmic Levels 3-8
& Level 9-10 Exhibition Hosted by
Bala Gymnastics
May 13th-15th, 2022**

Final Schedule:

FRIDAY, May 13th	Level 5 AA, Level 7 AA, Level 8 AA	TEAM
09:00am - 10:30am	Level 5 - Session 1 - 2014, 2013	PRA, ISA, BALA
10:45am - 12:30pm	Level 5 - Session 2 - 2009, 2010, 2012	WHGF, HOPE, FREE, MGRA, ISA, NER
12:45pm - 1:55pm	Level 5 - Session 3 - 2011	HOPE, BALA, NER, WHGF, PRA, FREE
2:00pm - 2:30pm	Lunch break 30 min	
2:30pm - 3:50pm	Level 7 - Session 1 - 2007, 2008, 2009, 2011	FREE, BALA, ALBA, WHGF, HOPE
4:00pm - 5:30pm	Level 7 - Session 2 - 2010	MP, FREE, PRA, BALA
5:45pm - 6:45pm	Level 8 - Session 1 - 2009, 2012	NER, PRA, FREE, INSP
6:50pm - 7:30pm	Dinner break 30 min	
7:30pm - 8:30pm	Level 8 - Session 2 - 2007, 2008, 2010	PRA, MGRA, INSP, BALA
SATURDAY, May 14th	Level 6 AA, Level 4 AA, Level 3 AA, Level 9-10 Exhibition	TEAM
9:00am - 10:25am	Level 6 - Session 1 - 2011 + 1 Level 4 gymnast - Agnes Lim	BALA, PRE, MGRA, INSP, PRA
10:40am - 11:35am	Level 6 - Session 2 - 2008, 2009, 2012	MP, PRE, BALA, HOPE, MR
11:45am - 12:50pm	Level 6 - Session 3 - 2010	PRA, BALA, INSP, HOPE
1:10pm - 2:00pm	Level 4 - Session 1 - 2010, 2011, 2012	PRA, ASCA, MR, INSP, HOPE, MGRA, BALA
2:00pm - 2:30pm	Lunch break 30 min	
2:30pm - 3:30pm	Level 4 - Session 2 - 2013 + 2 Xcel gymnasts - Lisa Pozlogina, Liana Dyakovetsky	NER, ASCA, INSP, MP, BALA, MR
3:40pm - 4:15pm	Level 4 - Session 3 - 2014, 2015	INSP, PRA, MP, MR, BALA

SATURDAY, May 14th	Level 6 AA, Level 4 AA, Level 3 AA, Level 9-10 Exhibition	TEAM
4:30pm - 5:20pm	Level 3 - Session 1 - 2014, 2015, 2016	FREE, PRA, BALA, ASCA, HOPE
5:35pm - 6:30pm	Level 3 - Session 2 - 2010, 2011, 2012, 2013	FREE, PRA, BALA, ASCA
6:30pm - 7:10pm	Dinner break 30 min	
7:10pm - 8:00pm	Level 9/10 Exhibition	ASCA, INSP, BALA, MGRA, MOS

SUNDAY, May 15th	XCEL All events	TEAM
1:00pm - 1:50pm	Xcel Session 1 - Bronze - 2011, 2012, 2013	PRE, ASCA, FREE, INSP
2:00pm - 3:00pm	Xcel Session 2 - Bronze - 2014, 2015, 2016, Silver - 11 gymnasts	FREE, ASCA, INSP, PRE, MR
3:10pm - 4:10pm	Xcel Session 3 - Gold and Diamond - 10 gymnasts	ASCA, FREE, PRE, MR