

BALA
GYMNASTICS
GOO



**SUMMER RHYTHMIC GYMNASTICS
KIDS BEGINNERS CLASSES AT BALA
GYMNASTICS 45 BALA AVE BALA
CYNWYD PA 19004 REGISTRATION
IS OPEN FOR SUMMER AND FALL
SESSIONS**

Rhythmic gymnastics beginners classes at the Bala Gym Spring/Summer/Fall/Winter 2022

Rhythmic gymnastics is a marvelous blend of traditional gymnastics, dance and ballet, with the use of apparatus such as ball, ribbon, clubs, rope, and hoop. This Olympic sport develops grace and beauty for young girls and challenges them to excel while making them skilled in ballet, dance, strength, flexibility and coordination. Miss Valeriya Neikova and Miss Anna Ivanova, are both former rhythmic gymnasts and experienced coaches from Bulgaria who will teach new and fun rhythmic gymnastics skills! Registration is open year round (visit www.balagymnastics.com or call (610) 580 4714 beginners classes:

Registration form and waiver is required before attending the first class.

Monthly tuition is \$145 for one hour per week and includes 4 classes per month. 3 months package is \$375, 6 months package is \$780 and 12 months package \$1080 (Option for 2x per week class is \$205 per month)

Schedule Summer/Fall/Winter/Spring 2022
Mondays: 5pm-6pm (ages 6 and up)

Tuesdays: 4:30pm- 5:30pm (ages 3 and up)

Thursdays: 4:30pm- 5:30pm (beginners ages 3 and up)

Fridays 4pm-5pm (Beginners class for all ages)

Sundays 11:15am-12:15pm (beginners levels 4-13 years old)

TO REGISTER CALL (610) 580 4714
EMAIL balagymnastics@gmail.com 45 Bala Ave, Bala Cynwyd Pa, 19317